



Dear Carla, we hope that you are enjoying the beautiful spring weather we've had in Virginia. With Spring Break in our midst, we focus on many year end activities to come. One important event is the **District Annual Meeting**. It's important for each district to hold a well-attended annual meeting so that the business of the district can be done. Please join us. Look for an invitation with details about your meeting in the mail and on the [PTA website](#).



### Get Educated about Bullying

The news has reported the horrible tragedy in Massachusetts involving the suicide of a beautiful young girl who experienced unbearable cyberbullying at her high school. Virginia PTA has added information and helpful links to the **Health & Safety Committee** section of the website to help you as you look for ways to inform parents about the affects of bullying. [Learn more.](#)

### Recognize a Caring School Nurse

Does your school have an outstanding school nurse? [Nominate them today](#) for the first annual VA PTA Outstanding School Nurse Award. Nominations due Apr 30.



### Is your Unit a Great Communicator?

Consider entering the Virginia PTA Outstanding Communications Program.



Each year Virginia PTA recognizes great communicators at the local unit (elementary and secondary divisions), council and district levels. Entries must be received by May 1. [Download the entry form and information packet.](#)



### Is your PTA Leadership Diverse?

Apply today for a Diversity and Inclusion Grant to attend LTC this summer. This grant is offered by the Diversity and Inclusion Special Committee and the Field Service Committee. [Learn more.](#)

### Recognize your Teachers and Volunteers

for their efforts over the past year.



Teacher Appreciation Week is May 3 - 7. [Get ideas](#) that will make them smile and know you care!



### Mary Lou Anderson Grants Available

Each year, National PTA makes a select number of matching \$1,000 grants available to PTA units. [Apply for a grant today](#) and bring your school a program they will applaud. Applications are due by May 1.



### Visit the Parental Involvement Corner

Reconnect with your child during Spring Break. [Read](#) the newest article.

### State and National Reflections Winners to be Recognized at LTC





## 6 Family Fitness Mini-Grants Awarded

Congratulations to the [PTAs that took home the prize](#). Thank you to all the PTAs that submitted entries.

State Reflections winners will be spotlighted at the Saturday General Session. [Download](#) the *Save the Date* flier and hotel information to get more details about the VA PTA Leadership Training Conference.



## Quick Links

Links to often-viewed vapta.org web pages

[Membership Dues Remittance form](#)  
[Bylaws library](#)  
[PTA Forms](#)  
[Submit Officer Contact Information online](#)  
[Take Action Virginia](#) - advocate for our children  
[Contact Virginia PTA](#)

## Mark your Calendars...

Upcoming dates you don't want to miss!

VHSL [Student Leaders Conference](#) April 16-17  
[Outstanding School Nurse Nominations](#) Due Apr 30  
[Outstanding Communications Program](#) Entries due May 1  
Mary Lou Anderson Arts [Grants Applications](#) Due May 1  
[National PTA Convention](#), Memphis, TN Jun 10-15  
[Diversity Grant](#) Applications due Jun 15  
[Leadership Training Conference \(LTC\)](#), Mechanicsville, July 16-17



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